

Lavandin

Lavandula x intermedia 'Grosso'



Commonly called lavandin, this species grows vigorously and produces large and extremely fragrant dark violet flowers.

This species is of the family Lamiaceae, can grow up to 90 cm and has large stems.

Lavandula x intermedia is cultivated mainly for the extraction of essential oils.

More information:

https://www.amu.bio/_lavandin_2

Cultivation

This can be propagated by cutting and seeding.

It should be grown in places with good sun exposure and in well drained / light and sandy soils.

It should be protected from frost and pruned in the spring to promote plant growth.

History

Resulting from the crossing of lavender (*L.angustifolia*) and *L. Latifolia* , it originates in France.

Lavandin produces a large amount of essential oil, having a more “camphorous” odor than the other Lavender species.

Its benefits date back to the ancient Greeks and are wide ranging from the use in aromatherapy to its calming and analgesic properties, etc.

Utilization

This plant is used to extract its essential oil.

This oil is used in the manufacture of soap, perfumes and is also used in the treatment of psoriasis, acne, acts as analgesic and muscle relaxant.

It has antidepressant, antiseptic, healing properties and is beneficial to the respiratory system.

This plant is used as ornamental because of its beauty.